

DR. MANSI MAHAJAN

Transformation Coach, Yoga & Meditation Teacher,
Author & Founder of House of Kapaali



Mansi is a powerhouse dedicated to driving profound transformations in individuals and the world at large through her unparalleled holistic wellness practices. As a Transformation Coach, Yoga & Meditation Teacher, author, speaker, and entrepreneur, Mansi is the visionary founder of House of Kapaali, an award-winning experiential wellness sanctuary. Grounded in the belief that inner change precedes outer change, she has touched the lives of thousands globally, seamlessly blending mysticism, science, and yogic principles in her transformative teachings.

Her exceptional contributions have earned her an **Honorary Doctorate from Rai University** and prestigious collaborations with global giants such as Google and Hershey's. Mansi's influence extends to the screen, where she hosts her acclaimed yoga shows on platforms like Sky and DishTV. Her remarkable achievements have been recognized with numerous accolades, including the esteemed **Yogini Award**, the "**Woman of the Decade**" title by the Women Economic Forum, and the "**World Mental Health Leadership**" Award from the World Mental Health Congress, and recognitions and work with the women wing of the Federation of Indian Chamber of Commerce & Industry (FICCI).

As an author, Mansi has penned the *Little Chakras* series, a collection of Yoga books for children designed to instill a foundation of well-being from an early age. Her unwavering commitment to wellness transcends borders, manifesting in global retreats and corporate training sessions that provide essential tools for personal growth and well-being. Through her tireless efforts, she inspires others to live with unbridled passion and bliss, fostering transformation from within. A world traveler, changemaker, and modern-day yogini, Mansi's resonant and relevant voice speaks directly to the heart, inspiring all to feel at 'OM' in the world.

Website: [House of Kapaali](#)



Instagram: [Mansi Mahajan](#)